

5

Easy ways to save money



Meal prep

By mapping out your weekly meals in advance you not only save money at the store, you save time by avoiding multiple trips.

Hate cooking? Buy in bulk and cook multiple freezer-ready items at once so you've got lots of easy to cook options on hand (and you're less tempted to order takeout).



Sleep on it

Before making any large purchase, take at least one night to think on it.

By taking extra time you will make sure you really need the item enough to justify the cost, and you can also take the time to ensure the expense fits in your budget.



Shop off-season

Be mindful of when items are not in high demand so you can shop clearance sales at the end of the season.

For example, if you need to replace a broken patio set, shop in the fall, when items are deeply discounted, instead of when they come out in the spring.



Learn a new skill

There are lots of skills that are easy to learn and can pay off when you don't have to hire someone to help.

For example, take up sewing, watch videos on how to change your oil, or read blogs about do-it-yourself home renos.



Start a side hustle

If there's something you love to do in your spare time, why not make it a small business?

Whether you are into baking and can sell goodies to your colleagues or you are passionate about grammar and want to tutor young kids, something small on the side can earn you more income (and could turn into a full-time job one day!).